

M.Christophe Jorissen: Session: 2: COACH evaluation sheet for TEAM: PZC

Coachinfo: Warming up from: 13:15 untill 14:10. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Van Looveren An

Coaches: Haarler Laura

Coaches: Dekoninck Nicole

Coaches: Tisson Fabienne

Coaches: Emmers Kelly HEADCOACH

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

Event number: 15: 50M BREASTSTROKE MIXED 10-9		Heat:1, starttime: 14:15
Heat: 1/4 Lane : 6 Athlete: NACKAERTS LYNN		Q-time: 99:99:99
PB (50m pool): no time		PB (25m pool): 00:57.61 SB: no time
PB	5 0 M	
	no time	
	no time	
		

Coach feedback:

Event number: 15: 50M BREASTSTROKE MIXED 10-9		Heat:2, starttime: 14:17
Heat: 2/4 Lane : 4 Athlete: MEYLAERS ZOë		Q-time: 99:99:99
PB (50m pool): no time		PB (25m pool): no time SB: no time
PB	5 0 M	
	no time	
	no time	
		

Coach feedback:

Event number: 15: 50M BREASTSTROKE MIXED 10-9		Heat:3, starttime: 14:18
Heat: 3/4 Lane : 6 Athlete: PEETEN FINN		Q-time: 00:59:99
PB (50m pool): no time		PB (25m pool): no time SB: no time
PB	5 0 M	
	no time	
	no time	
		

Coach feedback:

M.Christophe Jorissen: Session: 2: COACH evaluation sheet for TEAM: PZC

Event number: 15: 50M BREASTSTROKE MIXED 10-9			Heat:3, starttime: 14:18
Heat: 3/4 Lane : 8 Athlete: DAENS NORE			Q-time: 99:99:99
PB (50m pool): no time			PB (25m pool): no time SB: no time
	5 0 M		
PB	no time		
	no time		
			

Coach feedback:

Event number: 16: 100M BREASTSTROKE MEN 11+			Heat:1, starttime: 14:22
Heat: 1/11 Lane : 5 Athlete: HAVERBEKE TUUR			Q-time: 99:99:99
PB (50m pool): no time			PB (25m pool): 02:06.47 SB: no time
	5 0 M	1 0 0 M	
PB	no time	no time	
	no time		
			

Coach feedback:

Event number: 16: 100M BREASTSTROKE MEN 11+			Heat:3, starttime: 14:27
Heat: 3/11 Lane : 2 Athlete: VAN DE POLDER KOBE			Q-time: 01:52:33
PB (50m pool): 01:52.33 Genk 01/02/2026			PB (25m pool): 01:54.43 SB: 01:52.33 Genk 01/02/2026
	5 0 M	1 0 0 M	
PB	00:53.63	01:52.33	
	00:53.63	00:58.70	
			

Coach feedback:

Event number: 16: 100M BREASTSTROKE MEN 11+			Heat:4, starttime: 14:30
Heat: 4/11 Lane : 1 Athlete: FRANSEN LUCIANO			Q-time: 01:47:58
PB (50m pool): 01:47.58 Antwerpen 13/07/2025			PB (25m pool): 01:45.47 SB: 01:51.66 Genk 01/02/2026
	5 0 M	1 0 0 M	
PB	00:50.52	01:47.58	
	00:50.52	00:57.06	
			

Coach feedback:

M.Christophe Jorissen: Session: 2: COACH evaluation sheet for TEAM: PZC

Event number: 16: 100M BREASTSTROKE MEN 11+			Heat:5, starttime: 14:32
Heat: 5/11 Lane : 6 Athlete: MEYLAERS SEPPE			Q-time: 01:42:28
PB (50m pool): 01:42.28 Seraing 25/01/2026			PB (25m pool): 01:40.73 SB: 01:42.28 Seraing 25/01/2026
	5 0 M	1 0 0 M	
PB	00:50.41	01:42.28	
	00:50.41	00:51.87	
			

Coach feedback:

Event number: 16: 100M BREASTSTROKE MEN 11+			Heat:10, starttime: 14:42
Heat: 10/11 Lane : 5 Athlete: DANILOV MICHAËL			Q-time: 01:16:07
PB (50m pool): 01:16.07 Seraing 26/01/2025			PB (25m pool): 01:14.35 SB: 01:16.80 Seraing 25/01/2026
	5 0 M	1 0 0 M	
PB	00:36.34	01:16.07	
	00:36.34	00:39.73	
			

Coach feedback:

Event number: 17: 100M BREASTSTROKE WOMEN 11+			Heat:3, starttime: 14:52
Heat: 3/13 Lane : 7 Athlete: THOMAS LYNE			Q-time: 01:50:76
PB (50m pool): 01:50.76 SportinGenk Park 06/04/2026			PB (25m pool): 01:55.10 SB: 01:50.76 SportinGenk Park 06/04/2026
	5 0 M	1 0 0 M	
PB	00:52.42	01:50.76	
	00:52.42	00:58.34	
			

Coach feedback:

Event number: 17: 100M BREASTSTROKE WOMEN 11+			Heat:4, starttime: 14:54
Heat: 4/13 Lane : 4 Athlete: VANEESBECK EMMA			Q-time: 01:43:40
PB (50m pool): 01:43.40 SportinGenk Park 11/11/2025			PB (25m pool): 01:38.40 SB: 01:43.40 SportinGenk Park 11/11/2025
	5 0 M	1 0 0 M	
PB	no time	01:43.40	
	no time		
			

Coach feedback:

M.Christophe Jorissen: Session: 2: COACH evaluation sheet for TEAM: PZC

Event number: 17: 100M BREASTSTROKE WOMEN 11+			Heat:6, starttime: 14:59
Heat: 6/13 Lane : 1 Athlete: BEYLEMANS KATHO			Q-time: 01:40:51
PB (50m pool): 01:36.65 Antwerpen 14/07/2024			PB (25m pool): 01:34.78SB: 01:40.51 Genk 01/02/2026
	5 0 M	1 0 0 M	
PB	no time	01:36.65	
	no time		
			

Coach feedback:

Event number: 17: 100M BREASTSTROKE WOMEN 11+			Heat:6, starttime: 14:59
Heat: 6/13 Lane : 5 Athlete: CYPERS DE LANDRECY JOZEFIEN			Q-time: 01:38:31
PB (50m pool): 01:38.31 Zwembad Brigitte Becue 30/05/2025			PB (25m pool): 01:43.16SB: no time
	5 0 M	1 0 0 M	
PB	00:44.88	01:38.31	
	00:44.88	00:53.43	
			

Coach feedback:

Event number: 17: 100M BREASTSTROKE WOMEN 11+			Heat:7, starttime: 15:01
Heat: 7/13 Lane : 6 Athlete: TEKAY SEDEF			Q-time: 01:36:91
PB (50m pool): 01:36.91 Seraing 25/01/2026			PB (25m pool): 01:37.04SB: 01:36.91 Seraing 25/01/2026
	5 0 M	1 0 0 M	
PB	00:45.54	01:36.91	
	00:45.54	00:51.37	
			

Coach feedback:

Event number: 17: 100M BREASTSTROKE WOMEN 11+			Heat:13, starttime: 15:13
Heat: 13/13 Lane : 4 Athlete: JANSEN ELINE			Q-time: 01:18:71
PB (50m pool): 01:18.71 Antwerpen 20/07/2025			PB (25m pool): 01:19.66SB: 01:22.46 SportinGenk Park 11/11/2025
	5 0 M	1 0 0 M	
PB	00:37.04	01:18.71	
	00:37.04	00:41.67	
			

Coach feedback:

M.Christophe Jorissen: Session: 2: COACH evaluation sheet for TEAM: PZC

Event number: 20: 100M FREESTYLE MIXED 10-9			Heat:1, starttime: 15:24
Heat: 1/4 Lane : 6 Athlete: MEYLAERS ZOë			Q-time: 01:50:91
PB (50m pool): 01:50.91 SportinGenk Park 06/04/2026			PB (25m pool): 01:44.64 SB: 01:50.91 SportinGenk Park 06/04/2026
	5 0 M	1 0 0 M	
PB	00:50.86	01:50.91	
	00:50.86	01:00.05	
			

Coach feedback:

Event number: 20: 100M FREESTYLE MIXED 10-9			Heat:2, starttime: 15:27
Heat: 2/4 Lane : 6 Athlete: DAENS NORE			Q-time: 01:42:02
PB (50m pool): 01:42.02 SportinGenk Park 06/04/2026			PB (25m pool): 01:35.25 SB: 01:42.02 SportinGenk Park 06/04/2026
	5 0 M	1 0 0 M	
PB	00:47.42	01:42.02	
	00:47.42	00:54.60	
			

Coach feedback:

Event number: 20: 100M FREESTYLE MIXED 10-9			Heat:2, starttime: 15:27
Heat: 2/4 Lane : 8 Athlete: PEETEN FINN			Q-time: 01:45:02
PB (50m pool): 01:45.02 SportinGenk Park 06/04/2026			PB (25m pool): 01:40.69 SB: 01:45.02 SportinGenk Park 06/04/2026
	5 0 M	1 0 0 M	
PB	00:46.80	01:45.02	
	00:46.80	00:58.22	
			

Coach feedback:

Event number: 20: 100M FREESTYLE MIXED 10-9			Heat:3, starttime: 15:29
Heat: 3/4 Lane : 8 Athlete: NACKAERTS LYNN			Q-time: 01:30:71
PB (50m pool): 01:30.71 SportinGenk Park 11/11/2025			PB (25m pool): 01:27.76 SB: 01:30.71 SportinGenk Park 11/11/2025
	5 0 M	1 0 0 M	
PB	no time	01:30.71	
	no time		
			

Coach feedback:

M.Christophe Jorissen: Session: 2: COACH evaluation sheet for TEAM: PZC

Event number: 21: 100M FREESTYLE MEN 11+			Heat:8, starttime: 15:47
Heat: 8/10 Lane : 5 Athlete: FRANSEN DYLANO			Q-time: 00:59:90
PB (50m pool): 00:59.90 Genk 01/02/2026			PB (25m pool): 00:59.26 SB: 00:59.90 Genk 01/02/2026
	5 0 M	1 0 0 M	
PB	00:29.10	00:59.90	
	00:29.10	00:30.80	
			

Coach feedback:

Event number: 22: 100M FREESTYLE WOMEN 11+			Heat:4, starttime: 15:58
Heat: 4/12 Lane : 8 Athlete: CYPERS DE LANDRECY JOZEFIEN			Q-time: 01:18:17
PB (50m pool): 01:18.17 Seraing 26/01/2025			PB (25m pool): 01:14.42 SB: 01:22.16 SportinGenk Park 11/11/2025
	5 0 M	1 0 0 M	
PB	00:37.39	01:18.17	
	00:37.39	00:40.78	
			

Coach feedback:

Event number: 22: 100M FREESTYLE WOMEN 11+			Heat:5, starttime: 16:00
Heat: 5/12 Lane : 3 Athlete: TEKAY SEDEF			Q-time: 01:13:66
PB (50m pool): 01:13.66 Seraing 25/01/2026			PB (25m pool): 01:11.09 SB: 01:13.66 Seraing 25/01/2026
	5 0 M	1 0 0 M	
PB	00:34.80	01:13.66	
	00:34.80	00:38.86	
			

Coach feedback:

Event number: 22: 100M FREESTYLE WOMEN 11+			Heat:6, starttime: 16:01
Heat: 6/12 Lane : 2 Athlete: BEYLEMANS KATHO			Q-time: 01:12:87
PB (50m pool): 01:12.87 Eindhoven 16/03/2025			PB (25m pool): 01:12.06 SB: 01:16.64 Genk 01/02/2026
	5 0 M	1 0 0 M	
PB	00:34.80	01:12.87	
	00:34.80	00:38.07	
			

Coach feedback:

M.Christophe Jorissen: Session: 2: COACH evaluation sheet for TEAM: PZC

Event number: 23: 200M BACKSTROKE MEN 13+					Heat:3, starttime: 16:27
Heat: 3/4 Lane : 2 Athlete: DANILOV MICHAËL					Q-time: 02:39:15
PB (50m pool): 02:49.97 Antwerpen 16/07/2023					PB (25m pool): 02:36.72 SB: no time
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	no time	no time	no time	02:49.97	
	no time				
					

Coach feedback:

Event number: 25: 400M FREESTYLE MEN 11+							Heat:1, starttime: 16:45	
Heat: 1/7 Lane : 3 Athlete: VAN DE POLDER KOBE							Q-time: 99:99:99	
PB (50m pool): no time			PB (25m pool): 06:47.44SB: no time					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	2 5 0 M	3 0 0 M	3 5 0 M	4 0 0 M
PB	no time	no time	no time	no time	no time	no time	no time	no time
	<i>no time</i>							
								

Coach feedback:

Event number: 25: 400M FREESTYLE MEN 11+							Heat:1, starttime: 16:45	
Heat: 1/7 Lane : 7 Athlete: HAVERBEKE TUUR							Q-time: 99:99:99	
PB (50m pool): no time			PB (25m pool): no time SB: no time					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	2 5 0 M	3 0 0 M	3 5 0 M	4 0 0 M
PB	no time	no time	no time	no time	no time	no time	no time	no time
	<i>no time</i>							
								

Coach feedback:

Event number: 25: 400M FREESTYLE MEN 11+							Heat:2, starttime: 16:54	
Heat: 2/7 Lane : 7 Athlete: FRANSEN LUCIANO							Q-time: 99:99:99	
PB (50m pool): 06:57.59 SportinGenk Park 19/05/2024							PB (25m pool): 06:05.80SB: no time	
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	2 5 0 M	3 0 0 M	3 5 0 M	4 0 0 M
PB	no time	no time	no time	no time	no time	no time	no time	06:57.59
	<i>no time</i>							
								

Coach feedback:

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Event number: 25: 400M FREESTYLE MEN 11+							Heat:3, starttime: 17:03	
Heat: 3/7 Lane : 3 Athlete: MEYLAERS SEPPE							Q-time: 06:12:74	
PB (50m pool): 06:00.00 Eindhoven 10/05/2026				PB (25m pool): 06:04.40SB: 06:00.00 Eindhoven 10/05/2026				
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	2 5 0 M	3 0 0 M	3 5 0 M	4 0 0 M
PB	00:37.90	01:23.79	02:10.83	02:57.64	03:44.35	04:32.07	05:15.97	06:00.00
	00:37.90	00:45.89	00:47.04	00:46.81	00:46.71	00:47.72	00:43.90	00:44.03
								

Coach feedback:

Event number: 25: 400M FREESTYLE MEN 11+							Heat:6, starttime: 17:23	
Heat: 6/7 Lane : 3 Athlete: FRANSEN DYLANO							Q-time: 04:45:36	
PB (50m pool): 04:45.36 Eindhoven 22/03/2026				PB (25m pool): 04:40.85SB: 04:45.36 Eindhoven 22/03/2026				
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	2 5 0 M	3 0 0 M	3 5 0 M	4 0 0 M
PB	00:31.18	01:06.66	01:42.83	02:19.70	02:57.51	03:35.09	04:10.73	04:45.36
	00:31.18	00:35.48	00:36.17	00:36.87	00:37.81	00:37.58	00:35.64	00:34.63
								

Coach feedback:

Event number: 26: 400M FREESTYLE WOMEN 11+							Heat:2, starttime: 17:42	
Heat: 2/7 Lane : 3 Athlete: THOMAS LYNE							Q-time: 06:40:30	
PB (50m pool): 06:03.41 Eindhoven 10/05/2026				PB (25m pool): 06:40.30SB: 06:03.41 Eindhoven 10/05/2026				
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	2 5 0 M	3 0 0 M	3 5 0 M	4 0 0 M
PB	00:40.47	01:26.06	02:11.09	02:55.68	03:42.20	04:29.66	05:17.56	06:03.41
	00:40.47	00:45.59	00:45.03	00:44.59	00:46.52	00:47.46	00:47.90	00:45.85
								

Coach feedback:

Event number: 26: 400M FREESTYLE WOMEN 11+							Heat:3, starttime: 17:50	
Heat: 3/7 Lane : 7 Athlete: VANEESBECK EMMA							Q-time: 06:16:22	
PB (50m pool): 05:52.37 Eindhoven 10/05/2026				PB (25m pool): 05:49.82SB: 05:52.37 Eindhoven 10/05/2026				
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	2 5 0 M	3 0 0 M	3 5 0 M	4 0 0 M
PB	00:39.54	01:24.17	02:10.48	02:56.92	03:42.79	04:28.78	05:12.25	05:52.37
	00:39.54	00:44.63	00:46.31	00:46.44	00:45.87	00:45.99	00:43.47	00:40.12
								

Coach feedback: